

Jamestown HS Warmups

Eights

Snareline

R... L... R...

L... R... L...

R

Bucks

R... L... R... L...

R... L... R... L...

R... L... R...

L... R... L...

R

Double Beat

The 'Double Beat' exercise consists of four staves of music. The first staff shows a sequence of eighth notes with a 'R' above and 'L' below. The second staff continues with similar eighth notes and includes a 'L' above and 'R' below. The third staff features eighth notes with accents (>) and includes rhythmic notation 'r l R L' below. The fourth staff is a short concluding phrase with an accent (>) and 'R' below.

Hugga-Dugga Burr

The 'Hugga-Dugga Burr' exercise consists of three staves of music. The first staff shows a sequence of eighth notes. The second staff features eighth notes with accents (>) and includes the letter 'R' below. The third staff is a short concluding phrase with an accent (>) and 'R' below.